



WHITE OAK CENTER
Complementary and Alternative Medicine

144 Morgan Street, Ste # 1
Stamford, CT 06905
Ph: 203-323-0500

Directions to Stamford Office

From Merritt Parkway / Rt. 15:

- Take Ex. 35/ and turn Right on HIGH RIDGE Rd
- Continue on SUMMER St. - go 0.7 mi
- Turn Left on 3RD St. - go 0.5 mi (please see a local area map)
- Turn Right on MORGAN St
- Arrive to 144 MORGAN St. "Medical Art Building" on the left.

From I-95 N (from Greenwich and Westchester)

- Take Ex. 7 / ATLANTIC St.
- Turn Left on ATLANTIC St. - go 0.5 mi
- ATLANTIC St. becomes BEDFORD St. - go 0.4 mi
- Turn Right on HOYT St. - go < 0.1 mi (please see a local area map)
- Arrive to 144 MORGAN St. "Medical Art Building" on the right.

From I-95 S (from Fairfield, Westport, and Norwalk)

- Take Ex. 8 / ELM St.
- Turn Right on ELM St. - go 0.2 mi
- Bear Right on GROVE St. - go 0.4 mi
- Turn Left on HOYT St. - go 0.2 mi (please see a local area map)
- Turn Right on MORGAN ST - go 0.1 mi
- Arrive to 144 MORGAN St. "Medical Art Building" on the right.

