

ARRIVE EARLY

Plan your trip so that you're at the venue well before the scheduled start of the event. Gates open **two hours** before the start of competition at city venues and **three hours** before the start of competition at Whistler and Cypress Mountain venues. Gates open **four hours** prior to the start of the Opening and Closing Ceremonies.

GO CAR-FREE

As there is no spectator parking at any Olympic venue, public transportation is the best way to go. Don't forget to reserve your seat on the Olympic bus network for Whistler and Cypress Mountain events. See **page 38** for more information on Games-time transportation.

DRESS APPROPRIATELY

Dress for cold and wet weather — warmly, in layers and in waterproof clothing. Remember to wear suitable footwear as you may have to walk on uneven, snowy or icy surfaces.

HAVE YOUR TICKETS READY

Be sure to have your tickets with you as you must have a valid ticket to enter a venue. Treat your tickets like cash; lost or stolen tickets will not be replaced or refunded.



PREPARE FOR THE SECURITY SCREENING

Avoid taking large bags to the venues. If you are unsure of what you can and cannot bring with you, check the prohibited and restricted items list on **page 28**.

YOUR PAYMENT OPTIONS

Visa cards and cash are the only methods of payment accepted at Olympic venues.

ACCESSIBILITY

All venues have been reviewed for accessibility. If you have a specific need, see the nearest staff member for assistance.

BE INFORMED

At the venue, look for wayfinding signage, listen to announcements and read the message boards — this will provide you with the information you need to make the most of your experience. Is there still something you need to know? Don't hesitate to visit our information booths located at each venue.

A stylized winter landscape illustration. The background features layered mountains in shades of light blue and teal. In the foreground, there are rolling green hills and a dark blue path. Several evergreen trees are scattered across the scene, including a large one on the right and a smaller one on the left. A white, snow-like texture is visible on the far right. A dark blue banner with a white border is positioned in the lower right, containing the main title and a table of contents.

PARALYMPIC WINTER GAMES

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ALPINE SKIING

MARCH 13 14 15 16 18 19 20 21

Whistler Creekside



BIATHLON

MARCH 13 17

Whistler Paralympic Park



Not long after the Olympic Flame is extinguished to signal the closing of the XXI Olympic Winter Games, a new flame welcomes the world to the X Paralympic Winter Games.

The Paralympic Games are the height of international competition for world-class athletes with a disability.

From March 12 to 21, 600 of the world's best athletes from more than 40 countries will converge on Vancouver and Whistler to compete in five Paralympic winter sports.

DID YOU KNOW that Paralympic Winter Games spectator information can also be found online at vancouver2010.com?

CROSS-COUNTRY SKIING
 MARCH 14 15 18 20 21
 Whistler Paralympic Park

ICE SLEDGE HOCKEY
 MARCH 13 14 16 17 18 19 20
 UBC Thunderbird Arena

WHEELCHAIR CURLING
 MARCH 13 14 15 16 17 18 19 20
 Vancouver Paralympic Centre



TICKETS

Tickets to the Vancouver 2010 Paralympic Winter Games are available online, at venue box offices, Main Ticket Centres and by phone — see *Where to Buy Tickets* on **page 16**. Additional information on Vancouver 2010 Paralympic Winter Games tickets can be found online at vancouver2010.com.

SPECTATOR GUIDE

A separate *Spectator Guide* is available in English and French for all Vancouver 2010 Paralympic Winter Games ticket holders.

This guide will help you make the most out of your Vancouver 2010 Paralympic Winter Games experience by providing information on transportation options, celebrations and cultural activities, important event and security information, accessibility features of the Games, the Paralympic Competition Schedule and more.

PARALYMPIC COMPETITION SCHEDULE

	MARCH 2010	12 FRI DAY 1	13 SAT DAY 2	14 SUN DAY 3*
WHISTLER VENUES	ALPINE SKIING Whistler Creekside		ALPINE SKIING M/W Downhill Standing ² Sitting ² Visually Impaired ² 11:30-14:00 ▲	ALPINE SKIING M/W Super-G Standing ² 11:30-13:30 ▲
	BIATHLON CROSS-COUNTRY SKIING Whistler Paralympic Park		BIATHLON M/W 3 km x 2 Pursuit Standing ² Sitting ² Visually Impaired ² 10:00-12:00 12:00-14:00 ▲	CROSS-COUNTRY SKIING M 15 km Sitting ¹ W 10 km Sitting ¹ 10:00-14:00 ▲
CITY VENUES	ICE SLEDGE HOCKEY (EIGHT-TEAM TOURNAMENT) UBC Thunderbird Arena		ICE SLEDGE HOCKEY 10:00-12:00 CAN - ITA 13:30-15:30 NOR - Q1 17:00-19:00 USA - Q2 20:30-22:30 JPN - CZE	ICE SLEDGE HOCKEY 10:00-12:00 ITA - NOR 13:30-15:30 CAN - Q1 17:00-19:00 CZE - USA 20:30-22:30 JPN - Q2
	WHEELCHAIR CURLING (MIXED TEN-TEAM TOURNAMENT) Vancouver Paralympic Centre		WHEELCHAIR CURLING 12:30-15:30 18:00-21:00	WHEELCHAIR CURLING 12:30-15:30 18:00-21:00

LEGEND

M MEN
W WOMEN

▲ SAME-DAY VICTORY
CEREMONY**

**Victory Ceremonies are held
at Whistler Medals Plaza and
start at 19:00.

All information in this
schedule is subject to change.

^{1,2}The number denotes the number of medal events within the session.

Scheduling of ice sledge hockey teams in playoff and semifinal games is determined by the tournament directorate following the preliminary tournament.

*Day 3: Daylight savings occurs — clocks move ahead 1 hour.

Tip Canada's provinces and territories are celebrated during the Paralympic Winter Games. Visit the information booths for more details.

DAY 1: Opening Ceremony
TIME: 18:00 BC Place

DAY 10: Closing Ceremony
TIME: 19:00 Whistler Medals Plaza

	MARCH 2010	15 MON DAY 4	16 TUES DAY 5	17 WED DAY 6	18 THURS DAY 7
WHISTLER VENUES	ALPINE SKIING Whistler Creekside	ALPINE SKIING M/W Super-G Sitting ² Visually Impaired ² 11:30-13:30 ▲	ALPINE SKIING M/W Super Combined Standing ² Sitting ² Visually Impaired ² 9:30-11:30 13:00-15:00 ▲		ALPINE SKIING M/W Giant Slalom Standing ² 10:00-12:00 13:00-15:00 ▲
	BIATHLON CROSS-COUNTRY SKIING Whistler Paralympic Park	CROSS-COUNTRY SKIING M 20 km Free Standing ¹ Visually Impaired ¹ W 15 km Free Standing ¹ Visually Impaired ¹ 10:00-14:00 ▲		BIATHLON M 12.5 km Standing ¹ Sitting ¹ Visually Impaired ¹ W 12.5 km Standing ¹ Visually Impaired ¹ W 10 km Sitting ¹ 10:00-14:00 ▲	CROSS-COUNTRY SKIING M 10 km Classic Standing ¹ Sitting ¹ Visually Impaired ¹ W 5 km Classic Standing ¹ Sitting ¹ Visually Impaired ¹ 10:00-14:00 ▲
CITY VENUES	ICE SLEDGE HOCKEY (EIGHT-TEAM TOURNAMENT) UBC Thunderbird Arena		ICE SLEDGE HOCKEY 10:00-12:00 Q2 - CZE 13:30-15:30 Q1 - ITA 17:00-19:00 USA - JPN 20:30-22:30 NOR - CAN	ICE SLEDGE HOCKEY Playoffs 5th-8th 12:00-14:00 19:00-21:00	ICE SLEDGE HOCKEY Semifinals 12:00-14:00 19:00-21:00
	WHEELCHAIR CURLING (MIXED TEN-TEAM TOURNAMENT) Vancouver Paralympic Centre	WHEELCHAIR CURLING 12:30-15:30 18:00-21:00	WHEELCHAIR CURLING 12:30-15:30 18:00-21:00	WHEELCHAIR CURLING 12:30-15:30 18:00-21:00	WHEELCHAIR CURLING 12:30-15:30 18:00-21:00

LEGEND

- M** MEN
- W** WOMEN
- ▲ **SAME-DAY VICTORY CEREMONY****

**Victory Ceremonies are held at Whistler Medals Plaza and start at 19:00.

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PARALYMPIC COMPETITION SCHEDULE

	MARCH 2010	19 FRI DAY 8	20 SAT DAY 9	21 SUN DAY 10
WHISTLER VENUES	ALPINE SKIING Whistler Creekside	ALPINE SKIING M/W Giant Slalom Sitting ² Visually Impaired ² 10:00-12:00 13:00-15:00 ●	ALPINE SKIING M/W Slalom Standing ² 10:00-12:00 13:00-15:00 ●	ALPINE SKIING M/W Slalom Sitting ² Visually Impaired ² 10:00-12:00 13:00-15:00 ●
	BIATHLON CROSS-COUNTRY SKIING Whistler Paralympic Park		CROSS-COUNTRY SKIING W 3x2.5 km Relay All Classes ¹ 10:00-11:00 ● M 1x4 km + 2x5 km Relay All Classes ¹ 12:00-13:00 ●	CROSS-COUNTRY SKIING M/W 1 km Sprint Classic Standing ² Sitting ² Visually Impaired ² 10:00-11:00 12:00-14:00 ●
CITY VENUES	ICE SLEDGE HOCKEY (EIGHT-TEAM TOURNAMENT) UBC Thunderbird Arena	ICE SLEDGE HOCKEY 7th-8th Game 12:00-14:00 5th-6th Game 15:30-17:30 Bronze Medal 19:00-21:00	ICE SLEDGE HOCKEY Gold Medal 12:00-14:30 ● Bronze medal awarded at gold medal game	
	WHEELCHAIR CURLING (MIXED TEN-TEAM TOURNAMENT) Vancouver Paralympic Centre	WHEELCHAIR CURLING Tiebreakers 9:00-12:00 14:30-17:30 20:00-23:00	WHEELCHAIR CURLING Semifinal 10:00-13:00 Bronze & Gold Medal Games 15:30-18:30 ●	

LEGEND

M MEN
W WOMEN

● IN-VENUE VICTORY
CEREMONY***

***In-venue Victory
Ceremonies are
not included in
session time.

All information in
this schedule is
subject to change.

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